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## Chronic Disease Self-Management Models In Indigenous Communities.

### Abstract

Flinders Human Behaviour and Health Research Unit, formerly the Coordinated Care Training Unit, has been providing a range of chronic disease self-management (CDSM) education and training packages and monitoring Indigenous CDSM projects within the DHA Sharing Health Care initiative and other State funded programs. This paper will focus on a diverse range of CDSM implementation models which have been evolving in Indigenous communities and health services to better meet the challenges of the excessively high chronic disease burden in many Indigenous communities. It will also include discussion of:

- some of the emerging evidence of how CDSM is improving health outcomes in indigenous populations;
- possible factors in successful CDSM program implementation in these communities; and
- possible barriers to such implementation.

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