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## **The Other Side of the Coin: Health Professionals' Use of Quality of Life Information**

### **Abstract:**

In practice, quality of life assessment has often been welcomed by patients as a means to communicate better with those who care for them. It can save clinical time and provide broad and rapid insights into a spectrum of issues which could be used to better manage care.

However, we still know relatively little about how health professionals view quality of life, how confident they are that it can be reliably measured, and whether they are willing and able to use formal assessment in place of clinical intuition.

Informed by theory about behaviour change, we have conducted several quantitative and qualitative studies with the aim of better understanding the views of doctors and nurses working in general practice in Britain. Continence care provides a specific and recent example.

### **References**

Skevington SM, Day R, Chisholm A & Trueman P (2005) How much do doctors use quality of life information in primary care? Testing the Trans-Theoretical model of behaviour change. *Quality of Life Research*, 14, (4) 911-922.