

RUG-ADL

PROBLEM SEVERITY SCORE

Score severity for each domain
0=absent, 1=mild, 2=moderate, 3=severe

PAIN

OTHER SYMPTOMS (e.g. nausea, vomiting, anorexia, itch/irritation, constipation, diarrhoea, wound, incontinence, fatigue, dyspnoea, oedema, delirium)

PSYCHOLOGICAL & SPIRITUAL (e.g. anxiety, fear, request to die, anger, depression, sadness, unrealistic goals, confusion, agitation, denial)

FAMILY / CARER (e.g. denial, anger, caregiver fatigue, sensory impairment, unrealistic goals, financial, family/carer conflict, legal, difficult communication, non-English speaking, cultural, family/carer anxiety, accommodation)

5	Two or more person physical assist	1 2 3 4 5
4	Other than two person physical assist	1 2 3 4 5
3	Limited physical assist	1 2 3 4 5
2	Limited physical assist	1 2 3 4 5
1	Independent or supervision only	1 2 3 4 5

= combined score (Eating + Bed + Toileting + Transfer)

For Bed Mobility, Toileting & Transfer

For Eating

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PHASE

AKPS (Aust.-mod. Karnofsky Perform. Scale)

Score patient & family/carer as a unit

1 STABLE: Symptoms are adequately controlled by established management plan

2 UNSTABLE: Development of a new problem or a rapid increase in severity of existing problems requiring urgent change to management plan

3 DETERIORATING: Gradual worsening of existing symptoms / distress or development of new but expected problems

4 TERMINAL: Death likely in a matter of days

5 BEREAVED: Death of a patient has occurred and the carers are grieving.

100	Normal, no complaints/evidence of disease
90	Able to carry on normal activity, minor signs or symptoms
80	Normal activity with effort, some signs or symptoms of disease
70	Cares for self, unable to carry on normal activity or to do active work
60	Occasional assistance but is able to care for most of his needs
50	Requires considerable assistance and frequent medical care
40	In bed more than 50% of the time
30	Almost completely bedfast
20	Totally bedfast and requiring nursing care by professionals and/or family
10	Comatose or barely arousable
0	Dead

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