

## Contact Details



### SOUTH (SA)

#### Deb Rawlings

PCOC South Zone Co-ordinator  
deborah.rawlings@flinders.edu.au  
Ph: 0400 288819

### NORTH (QLD & Nth NSW)

#### Jane McEniery

PCOC North Zone Co-ordinator  
PH: (07) 3138 6130  
jane.mceniery@qut.edu.au

### WEST (WA & NT)

#### Helen Walker

PCOC West Zone Co-ordinator  
PH: (08) 9222 0289  
Helen.Walker@health.wa.gov.au

### CENTRAL NSW,ACT & Tas)

#### Dave Fildes

PCOC Central Zone Co-ordinator  
PH: 0407 935384  
dfildes@uow.edu.au

### CENTRAL (Victoria)

#### Kathy Hendry

PCOC Zone Co-ordinator Victoria  
PH: 0418 318 654  
khendry@mercy.com.au

### PCOC National Manager

#### Prue Watters

PH: (02) 4221 5093  
prue@uow.edu.au

### PCOC Training Manager

#### Maree Banfield

PH: (02) 4221 5965  
banfield@uow.edu.au



# BULLETIN

Number 2 March 2008

Welcome to this 2nd edition of the PCOC bulletin which we hope will keep readers informed about PCOC's progress and prompt discussion on the PCOC email list-server. The list-server is designed to be a group email for the purposes of disseminating information to and from all members on the list. Contact [darcy@uow.edu.au](mailto:darcy@uow.edu.au) if you are interested in participating.

### PCOC in Practice

Using Karnofsky of 60 as a trigger to initiate a multidisciplinary case conference: The final report for the PCT ( Palliative Care Trial, Sept 2005 ) which is yet to be published, suggests palliative care patients who receive a case conference have better outcomes. A case conference or patient education visit conducted at a time when the patients physical performance status has started to decline to the point of needing a caregiver (AKPS <70) can lead to a 5-10% daily improvement in performance status. The number of hospital visits for these patients was also significantly lower. The study strongly supports the timely use of case conferencing and patient educational visiting in improving objective outcomes valued by patients and their caregivers.

Further research at Southern Adelaide Palliative Services, Repatriation General Hospital, Adelaide, is being undertaken to explore Case Conferencing and Care Planning.

### Internet Links (information on Palliative Care Trial)

<http://www.caresearch.com.au/home/Nationalprogram/Palliativecaretrial/tabid/677/Default.aspx>

<http://www.eapcnet.org/download/forCongresses/Venice/May26/PS/Currow.David.pdf>

---

Southern Adelaide Palliative Services are also looking at incorporating the AKPS, PSS, Phase and RUG ADL into their triage process. These tools will describe function or ability to manage their own activities of daily living, the overall degree of symptoms and stage of illness. They are hoping the tools will provide useful information that will simplify the process and aid in the acuity of intervention required by the service.

### Workshop for Community Services- 6th MAY 2008, Melbourne

For staff of these services to agree on relevant data items that describe outcome measures for **community** services. If you have any thoughts about this workshop or would like to highlight relevant issues, please let us know by posting a message on [pcoc\\_group@mailman.uow.edu.au](mailto:pcoc_group@mailman.uow.edu.au). If you would like to attend, please contact your zone co-ordinator

**NEW**

